

## Balance Board for Standing Desks or Sit-Stand Workstations

**Product ID:** BALBOARD



This balance board for standing desks gives you a fun and easy way to engage both your mind and body, by providing a way to add more movement to your workday.

Standing at work is an effective way to help counter the negative effects of too much sitting. Adding low-impact movement while standing can help to energize your workday.

The balance board is designed with an unstable platform for standing. This encourages balancing movement to help to engage the stabilizing muscles in your legs and core. As a result, it can enhance your core stability and balance, and help to increase your focus and alertness.

The standing-desk balance board rests on a spherical base, which allows you to tilt and swivel with ease. You can rock back and forth, or side to side, to provide gentle movement while standing. It's easy to move the balance board out from under your desk, or slide it back underneath, using the foot control feature.

The balance board is made of durable plastic with a soft carpeted top surface for added comfort. It comes with four rubber feet that you attach to the board easily.

BALBOARD is backed by a StarTech.com 2-year warranty and free lifetime technical support.

## Certifications, Reports and Compatibility

### Applications

- Add movement while standing, to help enhance posture and core stability
- The perfect accessory for your standing desk or sit-stand workstation
- Ideal for use in a wide range of office settings, including home offices

## Features

- Encourages gentle movement while standing, to help engage the stabilizing muscles in your legs and core
- Standing desk balance board rests on a spherical base, allowing a wide range of movement
- Supports weight capacity of 300 lb. (136 kg)
- Made of durable plastic with a soft carpeted surface for added comfort
- Easy to move out from under desk, with foot control

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## Performance

Warranty	2 Years
General Specifications	Tilt with Rubber Feet: Left/Right Tilt up to 4.5 and Front/Rear up to 7.9  Tilt without Rubber Feet: Left/Right Tilt up to 7.9 and Front/Rear up to 9.4  Weight Capacity of Balance Board: 300 lb. [136 kg]

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## Special Notes / Requirements

Note	<p>WARNING: USE AT OWN RISK</p> <p>This balance board is designed with an uneven bottom surface that allows you to tilt the board, back and forth, or side to side, to add movement while standing. As a result, the balance board may present the risk of accidental falls and tripping hazards. Please read all instructions and warnings in the manual before using this product.</p>
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## Physical Characteristics

Color	Gray
Material	Plastic
Product Length	19.7 in [50.0 cm]
Product Width	13.8 in [35.0 cm]
Product Height	2.4 in [62.0 mm]
Weight of Product	4.4 lb [2.0 kg]

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## Packaging Information



Package Length	20.1 in [51.0 cm]
Package Width	14.0 in [35.5 cm]
Package Height	2.6 in [65.0 mm]
Shipping (Package) Weight	6.7 lb [3.0 kg]

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**What's in the Box**

Included in Package	balance board
	rubber feet
	screws
	washers
	quick-start guide

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***\*Product appearance and specifications are subject to change without notice.***

